

— Netflix Bridgerton: Get the Regency look at home

Steamy romance on Bridgerton may be heating up our screens, but it's also the on-screen interiors that are now talk of the town (and internet).

Amthal Karim, Head of Design at [Furniture And Choice](https://www.furniturechoice.co.uk), shares 3 ways you can update your home with Regency-inspired interiors.



[Loren 2 Seater Sofa](https://www.furniturechoice.co.uk) - www.furniturechoice.co.uk

1. Embrace your romantic side with pastels

Netflix's *Bridgerton* has captivated our screens since its debut in 2020 with its English Regency era inspired romance. To match the romance, each season features a backdrop of opulent and maximalist interiors which match the sumptuous costumes of the period. With the popularity of the show continuing to win fans over with each new season, expect to see the rise of Regency-core on social media.

Known as one of the most glamorous eras of design, the Regency period is not afraid to be bold with its mix of colour, wall panelling and luxurious details. Just like the wardrobe of many characters on the show, choosing a pastel colour palette is key to nailing this look. Think light pink, lilac or Wedgwood Blue after the fine china brand. Tie this in with the other hot interior trend - colour drenching which is where the entire wall, skirting boards and panelling are one colour.

2. Channel regency décor with panelled walls

As we're on the subject of walls, wall panelling also plays a key role - almost like a main character! It's not just Lady Whistledown's gossip that's getting the attention of many, a room adorned with ornate, chic wall panels will surely be the talk of the town. Get the regency-core look by dividing the feature wall into two - introduce wall panelling to the bottom half of the wall and wallpaper to the top half of the wall.

Go for a floral or botanical wallpaper print for a striking focal point. For the living room, we used [I Love Wallpaper's 'Beautiful Birds' print](#) with whimsical duck egg blue tones that are perfect for Regency-core. This is an impactful way to introduce chinoiserie (classic east meets west motifs) and is reminiscent of the posh garden rooms and orangeries of that era.

3. Sparkle with luxe details

If you want to make your space feel like those debutante balls on the Netflix show, make a statement with elegant lighting. A statement chandelier is the way to go in the living or dining room while vintage-inspired lampshades may be just what you need for a reading nook or study. Even though this trend has aristocratic roots, don't feel pressured to blow your budget on expensive pieces. If you love all things vintage, you may just find your dream piece at an antique market or car boot sale.

It's also about the small details. Layer rich fabrics and patterns such as embroidery, velvet, silk, and diamanté embellishments alongside contemporary furniture and clean lines to modernise your space. You can also try upcycling old pieces like a dining chair a new lease of life by upholstering the fabric or varnishing the wood.

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