
The green indoors



The green indoors Spring Summer



With climate change and plastic waste impacting our everyday lives, there has never been a more important time than now to adopt eco-friendly practices at home. Rebecca Snowden, Interior Style Advisor at FurnitureChoice.co.uk shares 4 ways to lead a more sustainable lifestyle.

Start with upcycling old furniture - a sustainable process in which used objects are transformed into new products of higher value. "The key is to pick a simple DIY project, such as repainting your headboard in the bedroom," Rebecca says. "With its tranquil and lively appeal, opt for green as it perks up the rest of the decor by injecting a soothing feel to the space."

Switch to eco-friendly products such as non-toxic paint, which reduces harm to the environment and creates a clean breathing space at home. "The home is the best place to bring the positive qualities of non-toxic paint and the psychological benefits of colours together," Rebecca says. "A bold woodland green from Earthborn paints in the home office provides a relaxing and optimistic boost. Meanwhile, pops of baby pink and green inject personality to your child's bedroom with a playful, whimsical touch."

With proper care, let houseplants flourish by allowing plenty of room for experimentation. "Starting an indoor garden is a sustainable and self-sufficient solution for urban living," Rebecca says. "The herbs, fruits or vegetables can later be used for cooking. Or if you're interested in a green display, introduce a staghorn fern mounting wall or dried flowers for a rustic, natural vibe."

Use the concept of biophilia which combines a love of nature and innovative design to improve health and wellbeing at home. "The calming elements of nature are a welcome respite to the senses in the chaotic world we live in," Rebecca says. "Turn your focus towards natural and breathable materials such as a linen sofa and cotton cushion covers to give the space a cosy and practical touch. The ambience here is not just for aesthetics, it also delivers a positive impact on our lifestyle."

Hi-res images are available for download at www.furniturechoice.co.uk/about-us/press-centre/spring-summer-2020/the-green-indoors/ »

About Furniture Choice

Furniture Choice launched in 2005 as an independent, online, furniture retailer, matching a deep knowledge of contemporary furniture manufacturing with first-class e-commerce expertise.

With a dedicated UK call-centre and an experienced quality control team in Asia, Furniture Choice is able to offer customers the greatest variety of high quality contemporary furniture and best-in-class customer service, backed-up with fast, free delivery and returns.

For more information please contact Amthal Karim on [0800 035 0070 ext.224](tel:08000350070) or mail press@furniturechoice.co.uk »

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Cassie Charcoal Fabric L Shape Corner Sofa
£899.99

Cassie Linen Fabric L Shape Corner Sofa
£899.99



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Dorset Dove Grey Wooden Bed - King Size
£349.99

Dorset White Wooden Bed - King Size
£349.99

Dorset Dove Grey Wooden Bed - Double
£299.99

Dorset White Wooden Bed - Double
£299.99

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Grange Oak Extending Dining Table -
180-220cm
£499.99

Grange Painted Black and Oak Extending
Dining Table - 180-220cm
£499.99



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Pendle Dining Chair - Oak
£59.99 per chair

Pendle Painted Black Dining Chair
£59.99 per chair

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Rio White Washed Wooden Bed - Single
£129.99

Rio Pine Wooden Bed - Single
£119.99



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Wiltshire Dark Wood Dining Table with Storage
- 150cm
£349.99

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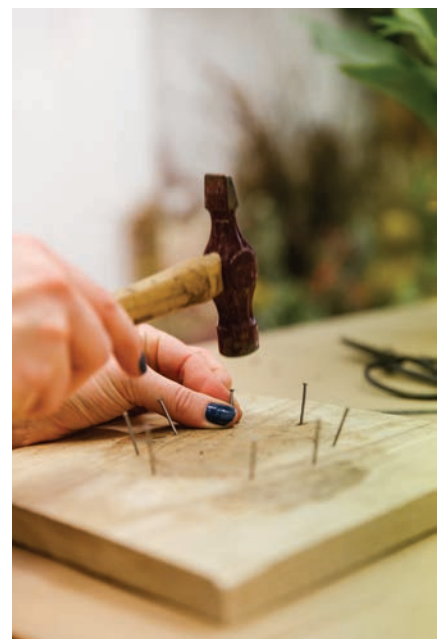


The green indoors DIY staghorn fern



What you'll need

4 square wood boards, hammer, nails, sphagnum moss, fishing wire, hessian fabric, picture hooks and wire, upholstery nails, 4 staghorn ferns, pencil



The green indoors DIY staghorn fern



The green indoors DIY staghorn fern



Credit: Photography by Joanne Crawford



The green indoors DIY staghorn fern



Bonus Tips

Care for your plants by spraying them weekly. And to make sure you're giving them your tender, loving care, dunk it in water for 24 hours once a month.